

# Dining Room Menu

HAWAII  
PACIFIC  
HEALTH  
CREATING A HEALTHIER HAWAII

WILCOX  
MEDICAL CENTER



March 22, 2026

through

March 28, 2026

|               | Breakfast                             | Prices (\$)       | Lunch & Dinner   | Prices (\$) |   |
|---------------|---------------------------------------|-------------------|--|-------------|---|
| Sunday, 22    | Fresh Fruit Bowls                     | 7.50              | Clam Chowder Soup  | 3.95        |   |
|               |                                       |                   | Beef Stew  | 5.75-8.75   |   |
|               | Biscuit w/Gravy                       | 2.25              | Baked Wing Dings   | 5.75-9.75   |   |
|               |                                       |                   | Fried Saimin   | 5.75-8.75   |   |
|               | Hot Cereal Du Jour                    | 2.05              | Pork LauLau  | 7.50        |   |
|               | Asstd. Breakfast Meats                | 1.35-2.05         | Vegetable du Jour  | 2.50        |   |
|               | Breakfast                             |                   | Lunch & Dinner   | Prices (\$) | CAFÉ SPECIAL  |
| Monday, 23    | Fresh Fruit Bowls                     | 7.50              | Jook Soup  | 3.95        | <b>Korean Chicken</b><br>4 Pcs -- \$6.75<br>8 Pcs -- \$10.75<br><br>Warm Pretzel -- \$4.25  |
|               | Port Sausage, Green Onion Scramble    | 2.95              | Hot Taco Salad w/ Refried Beans OR Chicken                 | 10.25       |   |
|               | Scrambled Eggs                        | 1.95              | Vegetarian Chili Served with Corn Bread                    | 6.50        |   |
|               | Asstd. Breakfast Meats                | 1.35-2.05         | Pork LauLau  | 7.50        |   |
|               | Hot Cereal Du Jour                    | 2.05              | Panko Fresh Catch with Papaya Seed Glaze                   | 7.50        |   |
|               | Breakfast                             |                   | Lunch & Dinner   | Prices (\$) | CAFÉ SPECIAL  |
| Tuesday, 24   | Fresh Fruit Bowls                     | 7.50              | Boston Clam Chowder  | 3.95        | <b>Bi Bim Bap with BBQ Beef -- \$15</b><br>(Contains: Steamed Rice Topped with Beansprout Salad, Pickled Radish & Carrots,<br>Pork Veg Egg Roll -- \$2.35   |
|               | Biscuit w/Gravy                       | 2.25              | Chicken Parmesan   | 6.35        |   |
|               | Hot Cereal Du Jour                    | 2.05              | Pork LauLau  | 7.50        |   |
|               | Ham, Tomato, Scallion & Cheese Omelet | 3.65              | Broccoli, Peas, Red Pepper, Zucchini & Tomato Pasta (V/GF) | 5.75        |   |
|               | Asstd. Breakfast Meats                | 1.35-2.05         | Garlic Bread   | 0.95        |   |
|               |                                       | Vegetable du Jour | 2.50   |             |   |
|               | Breakfast                             |                   | Lunch & Dinner   | Prices (\$) | CAFÉ SPECIAL  |
| Wednesday, 25 | Fresh Fruit Bowls                     | 7.50              | Miki Soup  | 3.95        | <b>Char Siu Pork Manapua -- \$2.55</b><br><b>Honey Stung Fried Chicken Plate -- \$15</b><br>(Contains: 3 Pcs Fried Chicken, Side Mashed Garlic Red Potatoes and Coleslaw)<br><br>Warm Pretzel -- \$4.25 |
|               | Scrambled Eggs                        | 1.95              | Tofu Hekka (V/W/GF)  | 5.75-8.75   |   |
|               | Mexi Style Scramble                   | 2.95              | Beef Mac Casserole   | 7.25        |   |
|               | Asstd. Breakfast Meats                | 1.35-2.05         | Pork LauLau  | 7.50        |   |
|               |                                       |                   | Vegetable du Jour  | 2.50        |   |
|               | Breakfast                             |                   | Lunch & Dinner   | Prices (\$) | CAFÉ SPECIAL  |
| Thursday, 26  | Fresh Fruit Bowls                     | 7.50              | Tomato Basil Soup  | 3.95        | <b>Shrimp Tempura -- \$1.95</b><br><br><b>Grilled Cheese on Sour Dough -- \$6.95</b><br><br>Served with Tomato Basil Soup -- \$10.75  |
|               | Eggs Benedict                         | 3.65              | Pork w/ Pumpkin & Bittermelon                              | 8.75        |   |
|               | Hot Cereal Du Jour                    | 2.05              | Spinach Casserole (V/GF)                                   | 6.50        |   |
|               |                                       |                   | Pork LauLau  | 7.50        |   |
|               | Asstd. Breakfast Meats                | 1.35-2.05         | Garlic Bread   | 0.95        |   |
|               | Breakfast                             |                   | Lunch & Dinner   | Prices (\$) | CAFÉ SPECIAL  |
| Friday, 27    | Fresh Fruit Bowls                     | 7.50              | Miso Soup w/ Tofu & Green Onions                           | 3.95        | <b>Shrimp Tempura -- \$1.95</b><br><br><b>Blackened Ahi Served with Steamed Rice and Side Tossed Salad with Oriental Dressing -- \$15</b>   |
|               | Scrambled Eggs                        | 1.95              | Spaghetti w/ Meat & Meatless Sauce (V/W/GF noodle avail)   | 5.75-8.75   |   |
|               | Veggie Scrambler                      | 2.95              | Roasted Guava Chicken                                      | 7.95        |   |
|               | Hot Cereal Du Jour                    | 2.15              | Garlic Bread   | 0.95        |   |
|               | Asstd. Breakfast Meats                | 1.35-2.05         | Vegetable du Jour  | 2.50        |   |
|               | Breakfast                             |                   | Lunch & Dinner   | Prices (\$) | CAFÉ SPECIAL  |
| Saturday, 28  | Hot Cereal Du Jour                    | 2.15              | Italian Wedding Soup                                       | 3.95        |   |
|               | Asstd. Breakfast Meats                | 1.35-2.05         | Pork LauLau  | 7.50        |   |
|               | Scrambled Eggs                        | 1.95              | Chicken Papaya   | 8.25        |   |
|               | Veggie Scrambler                      | 2.95              | Tofu w/ Veg Stir Fry                                       | 5.75-8.75   |   |

LF-Low Fat V-Vegetarian VE-Vegan W-Wellness GF-Gluten Free I

MENU ITEMS MAY BE SUBJECT TO CHANGE

Our Daily Menu is also available on our "Menu Hotline". If you're calling from an outside line please call the hospital operator at 245-1100 and ask for the menu hotline. If you're calling from a hospital extension dial 63003.

Hours of Operation: 6:30am - 4:30pm Daily; Self-Checkout Kiosks Open 24 Hours. Senior Discounts apply from 1:30pm - 4:30pm Daily; All Day on Weekends and Holidays!